

# SAMPLE Child Care Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>**Milk is served daily</b>	1 Chicken nuggets, carrots, peaches, bread	2 French toast stks, sausage, potatoes, fresh fruit	3 Hamburger on bun, corn, pineapple	4 Macaroni and cheese, peas, applesauce, bun	5 Ham sandwich on bun, fresh veggies w/dip, fresh fruit	6
14 <b>**fresh fruit and fresh veggies based on availability.</b>	8 Pepperoni pizza stick w/sauce green beans, peaches	9 Chicken pattie on bun, corn, pineapple	10 Spaghetti w/mini meatballs, carrots, pears, bread	11 Ham slice, mashed potatoes, peas, fruit cocktail bread	12 Turkey and Cheese sandwich, fresh veggies, fresh fruit	13
14	15 Cheese breadstick w/sauce, carrots, pear halve	16 Hot dog on bun, baked beans, peaches	17 Pancakes, sausage, potatoes, applesauce	18 Turkey and gravy, buttered noodles, peas, fruit cocktail, bun	19 Bologna and Cheese sandwich, creamy noodle salad, fresh fruit	20
21	22 Mini corn dogs, green beans peaches	23 Cheeseburger on bun, fresh broccoli, fresh fruit	24 Egg pattie, sausage, potatoes, applesauce, ½ English muffin	25 Chicken and rice casserole, carrots, fruit cocktail, bread	26 Turkey sandwich on wheat, fresh veggies w dip, finger jello w/fruit	27
28	29 French toast sticks, sausage, potatoes, pear halve	30 Baked mostaciolli w/cheese, corn, peaches, bread	31 BBQ on bun, carrots, applesauce			